



**Connect All is a global initiative based on goodness and logic, to address all that can be, for all life to have the most safety and hopeful possibilities.**

### **The Connect All approach:**

- Equips us individually to/try to do the best we can.
- Equips us as a community to achieve our global needs.
- Is a measurable standard to hold ourselves and others accountable.

### **The curriculum includes *Five through the Filter*:**

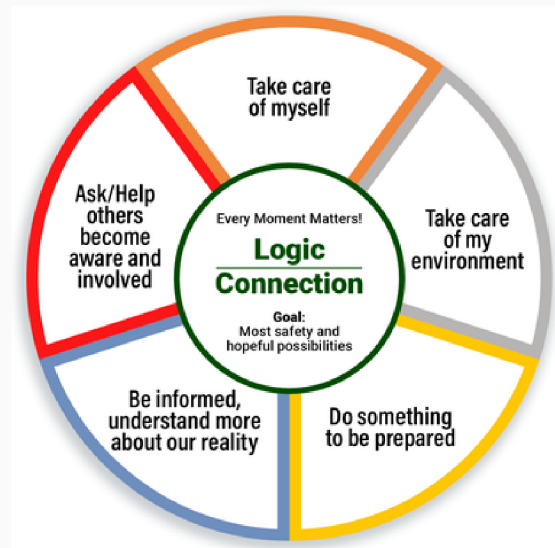
A daily self-care framework that synthesizes everything, from addressing our basic needs to our major issues (child abuse to the environment); and is adaptable for different cultures, ages, and functionality.

### **Five through the Filter synopsis:**

#### **The Filter -**

My “decision processor” for my 5 daily actions.

- **Logic-connection (LC) as foundation:** I use logic - objectively think through things. I’m internally connected- know who I am, how I function, and stay self-aware.
- **The goal:** Every decision is for my goal, “What leads to the most safety and hopeful possibilities?”
- **Every Moment Matters:** I am aware of the value of every moment, the cost and possibilities to life (mine and other).



#### **Five daily actions:**

- **Take care of myself (and those I’m responsible for):** Logic-connection; income/resources; sleep; nutrition; hygiene; physical conditioning; health care; relational needs; chores.
- **Take care of my environment:** Think/act sustainably/healthy, for our bodies, lives, world.
- **Do something to be prepared:** Add an item, take an action, or learn a skill.
- **Be informed and understand more about our reality:** Learn/do something.
- **Ask/help others become aware and involved to the need for a global logic-connection approach:** Advocate for or teach someone else the approach.

**Connect, Learn More, Take Action: [www.ConnectAll.online](http://www.ConnectAll.online)**

# Synopsis of Logic for Framework

## **Goal: The most safety and hopeful possibilities**

I need the most safety and hopeful possibilities for myself and who I am attached to. So, how do I do that? I start with base logic.

## **Base Logic**

Anything unanalyzed means we proceed without knowing what is known, not known, nor the possibilities: illogically risking experiencing, creating, or/and allowing injury; and not working towards what is hopefully possible as best we can.

Ergo, for the goal, we need to analyze our reality, reanalyze as we learn more, and act from that.

And here are two key points about our reality:  
*-how life is interconnected*  
*-how every moment matters*

## **Interconnection and Every Moment Matters**

Of our true free will or not - every moment, what we and others are doing/not doing, affects our and other life's safety and possibilities.

Ergo, every moment matters:

- For me to be doing the best I can (*how I do/try is the Filter*).
- For myself and others, to whatever extent possible, have what we need - to be able to contribute our best to the world (*within functionality*) and decrease the risk of us being harmful to ourselves and other life.

So, why are we not already living this way?

## **Logic-Connection is the Foundation**

If we analyze all we can address, the lack of logic-connection\* (LC) is either the cause of or/and the reason it's not being addressed as it could be. [\*Logic: To objectively think through things. Internal-Connection: Know who I am, how I function, and stay self-aware.]

Ergo, we need to ensure we and others know why, how, and practice being LC as possible.

Then, with this foundation, individually and globally we address:

- What can be directly
- Synthesized commonalities, then any nuances

And, as part of that, we have a daily self-care framework to equip each person to/try to do our best. For that framework, let's add the following.

## **Three areas**

Our reality has so many issues we must address, we start with three primary categories. (The first two could go together, are separated for a reason.):

- Injury (child abuse, trafficking, poverty, racism, medical, needs not met, unexplained, so on)
- Environment and climate injuries to our bodies, lives, and world
- Not prepared for possibilities, including possibly imminent worse

## **All of this, leads to our self-care framework, *Five through the Filter*.**

*(other side has synopsis)*